



Café

29

MARUMO

まるも

3-3-10, Chuo

☎ 0263-32-0115

☀ 8:00-18:00 (17:30 L/O)

Wkdys from Nov to Mar

Open Year-round

☾ 9:00-18:00

(Sat, Sun & nat hols from 8:00)

Marumo blend coffee

¥450

Homemade unbaked cheesecake

¥400


Homemade unbaked cheesecake set

¥700



Our cafe is a part of our ryokan (Japanese Inn), which was founded in 1868. The current Kura-style building was built in 1888. The cafe has been running since 1956.





Bar

24

Hermitage

エルミタージュ

3-3-1, Chuo

☎ 0263-35-8033

☾ 19:00-24:00

Closed: Wed & Sun

Draft beer

¥600

Cocktail

¥600

Pizza


¥680

Pasta


¥800

Cover charge

¥700



Enjoy light dining while listening to live piano music.





Misc. (Chinese)

3

Xielan

謝藍

2-4-15, Chuo

☎ 0263-36-5858

☀ 11:30-14:00

☾ 17:30-24:00 (23:00 L/O)

Closed: Tues

Daily lunch set

(free refills of rice porridge and soup. Also comes with drink and dessert)

¥880~

Individual dishes

¥380~

Drinks

¥500

Set course meals

¥3,500~

Dinner

around ¥3,000 per customer



Otoshi at dinner time

(includes a tea pouring performance after dinner)

¥400

Genuine Chinese restaurant using carefully selected ingredients. Course menus based on Chinese 'food therapy' and our dim sum dining is popular. A vegetarian menu is also available.





Café

36

HITSUKI macrobiotic

日月

Kura City Hori 1F, 3-5-11, Chuo

☎ 0263-33-1918

☀ 10:00-18:00

(17:30 L/O)

Closed: Mon & Tues

(or the following days after nat hols)

Brown rice set

¥1,200

Seasonal vegetable curry(*)

¥1,050

Vegetable burger(*)

¥1,050

Tofu cheese cake

¥500

Organic beer (350ml)

¥600

Brown rice coffee

¥500



The restaurant offers pesticide free brown rice which is cooked in the traditional way, seasonal vegetable curry, and a brown rice burger. No food on the menu uses animal related products or white sugar and is suitable for vegans.





Bar

30

Okura

大蔵

3-3-11, Chuo

☎ 0263-34-3420

☾ 20:00-24:00

Closed: Sun & irregular

Bourbon whiskey

¥700~

Scotch whiskey

¥800~

Japanese whiskey

¥700~



With jazz music in the background and having only 7 counter seats, this bar provides a nice cozy atmosphere.





Misc. (cake shop)

6

Miyukido

ミユキドウ

2-4-10, Chuo

☎ 0263-32-3355

10:00-19:00

Closed: Wed (open on nat hols)

Cake set

(coffee or tea, and a piece of our shop's cake of your choice)

¥650

Fresh grapefruit juice

¥550

Fresh apple juice

¥450

Other drinks

¥450

Crème caramel

(caramel custard)

¥250

<take-out>



With continuously evolving flavors and ingredients used, our cake shop, where classical music plays in store, enjoys great popularity both from local customers, and from others further afield. We selectively use a variety of ingredients, such as fresh cream, vanilla beans, and eggs, according to each type of cake.





Soba noodles Bar

4

KURIYA

くりや

1F, 2-5-15, Chuo

☎ 0263-35-8387

☀ 11:30-16:00 (15:30 L/O)

Sun & nat hols only

☾ 16:00-24:00 (23:00 L/O)

Tue-Sat

Closed: Mon

Morisoba

(basic chilled soba noodles)

¥930

A variety of tempuras

¥830

Horse meat steak

on a hot stone plate

¥1,280

Shinshu salmon nigirizushi

(hand-pressed sushi)

¥450

Sobagaki-zenzai

(sweet red bean soup with buckwheat porridge)

¥400



A store where you can enjoy local Nagano area sakes and soba. Along with a large variety of local sakes, dishes using locally grown food, horse sashimi (raw), and of course our tempura is highly recommended.





Bar

31

BAR SIDECAR

サイドカー

3-4-21, Chuo

☎ 0263-32-8757

☾ 18:00-2:00

(1:30 L/O next day)

Closed: Sun

Gin and Tonic

¥900

Martini

¥900

Sidecar

¥1,000

Fruit cocktails

¥900~

Draft beer

¥850

Guinness

¥900

Malt whiskey

¥800~

Food (15-20 items)

¥700~

Cover charge

¥600



While the outside of the building is in kura-style, the interior of the bar is in an authentic bar style. 1F: 11 counter seats 2F: 16 table seats





Misc. (curry)

7

Curry Restaurant Delhi

デリー

2-4-13, Chuo

☎ 0263-35-2408

☀ 11:00-16:00

(or until sold out)

Closed: Wed

Medium spicy chicken curry

¥750

Crab croquette curry

¥750



With its 100-year-old kura building, this restaurant has been operating for 42 years, specializing in curry. Stencil dyeing works by Motoju Miyosawa, a Matsumoto-born artist, are displayed within the restaurant. Popular dishes include chicken curry and crab croquette curry, which are both served with rice and salad. They spend a great deal of time in preparation, and have continued to carefully maintain their original flavor since the store first opened.



MATSUMOTO NAKAMACHI

中町



GOURMET GUIDE

Distinctive eateries in a distinctive setting: Nakamachi's 100+ year old earthen-walled 'kura' storehouses. Come satisfy your culinary curiosity.

Credit Cards Okay
 Soba noodles

No-smoking area
 Japanese / Izakaya

Vegetarian menu
 Western style restaurant

English menu
 Café

Western seating
 Bar

Japanese seating
 Misc.

2nd Edition | May, 2013

Prices include tax.





We are using 100% local soba. Enjoy our handmade, fine soba noodles.



Soba noodles

10

Nomugi

野麦

2-9-11, Chuo

0263-36-3753

Sun

11:30-14:00

(or until sold out)

Closed: Tues & Wed

Zaru soba

¥1,100

Local sake (180ml)

¥600

This restaurant uses 100% local soba, from which genuine handmade soba noodles can be enjoyed. There are also a variety of seasonal dishes and local sake.

Soba noodles

26

Fujibikura

ふじ美蔵

3-3-19, Chuo

0263-87-7232

Sun

11:00-15:00

Moon

17:30-22:00

Closed: Mon

Zaru soba

¥850

Tenseiro (zaru soba with tempura)

¥1,450

Seasonal soba

¥1,250~

Fresh seasonal seafood and mountain vegetable dishes along with many more hand prepared items, and generous helpings which are sure to satisfy customers.

Izakaya

2

Yukiyoshi

ゆきよし

Manamayu Bldg. 2F, 2-5-13, Chuo

0263-33-8927

Sun & Sat

11:00-14:30

Moon

17:30-24:00

Closed: Mon

Draft beer M-size

¥400

Zaru soba

¥700

Variety of tempura

¥1,000

Basashi - horse sashimi (raw)

¥900

Yakitori

¥690~

Otoshi comes with a seasonal dish

Yes

The lunchtime menu offers tempura ricebowls and sashimi. The dinner menu offers sashimi yakitori and tofu dishes.

Izakaya

13

Kuromon

黒門

2-9-11, Chuo

0263-32-7683

Sun

11:30-14:00

Moon

17:00-23:00

Closed: Sun nights & Mon lunchtimes

Draft beer

¥650

Sake(360ml)

¥750

Tuna sashimi

¥850

Grilled mackeral

¥850

Yakitori

¥400

We have an English menu with pictures. Please enjoy our Japanese cuisine.

Soba noodles

19

Matsushita

まつした

2-9-14, Chuo

0263-33-4844

Wkdys Lunch

11:00-15:00

Sun & nat hols

11:00-15:00

Moon

17:00-21:30

Closed: Fri (irregular)

Tempura prawn soba

¥1,410

Sansai soba (with mountain vegetables)

¥840

Kinoko soba (with mushrooms)

¥890

Mori soba (chilled soba noodles)

¥610

Our staff can't speak English, but we have an English menu. We await your visit!

Soba noodles

34

Metoba Soba

女鳥羽そば

3-4-8, Chuo

0263-35-8502

Sun & Moon

11:00-19:00 (L/O)

Closed: Wed & 3rd Tues of each month

Mikasane (triple-layered) soba

Zaru soba

Tempura

If you like chicken, try yakitori grilled over coal. The restaurant is bit tight on space, but has a fun and cozy atmosphere whether you are alone or with others. Come on, yakitori lovers!

Izakaya

9

Kirakuya

気らく家

2-9-11, Chuo

0263-31-5986

Moon

18:00-1:00

Closed: Tues

Yakitori (over 25 varieties)

¥80~

Special sanzokuyaki

¥800

Toriwasa (boiled chicken tenderloin in sashimi style)

¥450

Chicken giblet stew

¥350

Fried chicken knuckles

¥450

Cucumber pickles with chili

¥450

Oyakodon (chicken in egg on rice)

¥600

Otoshi comes with one dish

Yes

This bar specializes in grilled pork offal on skewers (yakitori style), offering the freshest of Azumino free range pork.

Izakaya

14

Yakiton Bunchan

やきとん ぶんちゃん

2-10-17, Chuo

0263-36-8006

Moon

17:00-24:00 (L/O)

Closed: Mon

Pork cheek

¥160

Pork tongue

¥180

Pork heart

¥160

Pork liver

¥150

Pork stomach

¥160

Draft beer (400ml)

¥470

Just off Nakamchi-dori Street, this restaurant is in a traditional kura-style store-house. Using the finest local soba grain which is hand-ground on the premises, this restaurant produces wonderful fragrant soba.

Soba noodles

23

Kura-no-hana

蔵の花

3-3-2, Chuo

0263-34-5250

Sun

11:00-15:00

Closed: Wed

Zaru soba

¥800

Tenzaru (zaru soba with tempura)

¥1,600

Kake soba (hot soba)

¥800

Sake (180ml)

¥600

"Say" has kura style wooden doors, and "Soan" is a kura style building with a large counter. Enjoy our Japanese cuisine along with a variety of more than 20 types of local sake.

Soba noodles Japanese / Izakaya

25

Say (Soan annex)

草薺・別館井Say

3-2-9, Chuo

0263-36-3023

Sun

11:30-14:00

Moon

17:30-22:00

Closed: mainly on Wed

Enjoy dishes using seasonal ingredients, and soba.

Soba - Zaru soba

¥800~

Set menu,bento (lunch box)

¥980~

Lunch course

¥2,625

Dinner course

¥3,150~

Variety of individual dishes and local sake are also available.

You will find us upstairs on the second floor. Our master Japanese chef will provide cuisine which carefully expresses a sense of the seasons. Our English is poor, but we will do our best!

Japanese

11

Sakura Saku

さくら咲く

2-9-11, Chuo

0263-33-6730

Sun

11:30-14:00

Moon

17:30-22:00

Closed: Sun

Sashimi

¥600~

Prawn and vegetable tempura

¥800

Japanese course (Please arrange in advance)

¥3,000~

Sake

¥650

Draft beer

¥600

We also have seasonal dishes.

There is a variety of 12 meals on their lunch menu, including the likes of the, Sanzokuyaki lunch set. Each is generously served and comes with tonjiru (miso soup with pork and veggies). At night, it transforms into a cozy bar, serving their own original chicken dishes. Just be aware... it's not a regular yakitori shop!!

Izakaya (chicken dishes)

15

ZEKKOCHO

とり好きな店 絶好鳥

1F, 2-10-4, Chuo

0263-33-2977

Sun

Mon-Wed, Fri 11:30-2:30

Moon

Mon-Wed, Fri and Sat 18:00-23:00 Izakaya hours

Closed: Thu & Sun

Lunch

¥750~

Original fried chicken

¥580

Agedashi-tofu (deep fried tofu)

¥550

Caesar salad

¥680

Draft beer

¥500

Sake

¥450~

Otoshi

¥200



A Japanese restaurant-bar located alongside the Metoba River. There are various seasonal dishes, as well as local alcoholic beverages.



Japanese / Izakaya

| | |
|-----------------------------|-----------------------|
| 16 Fukiyose | ふきよせ |
| 2-10-6, Chuo | ☎ 0263-88-2881 |
| 11:30-14:00 | Closed: Mon |
| 17:30-23:30 (23:00 L/O) | |
| Sanzokuyaki | ¥790 |
| Tempura variety plate | ¥1,200 |
| Seasonal sashimi of 3 types | ¥980 |
| Seasonal dish | ¥500~ |
| Rice set | ¥450 |
| Local sake set | ¥800 |
| Otoshi (with seasonal dish) | ¥300 |



Proprietress in kimono will welcome customers. Oden (Japanese winter hot pot with various ingredients) is available throughout the year. There are 10 counter seats, and seasonal food can be enjoyed, such as sansai (mountain vegetables) in spring, and mushrooms in fall. The restaurant uses local products.



Japanese

| | |
|-------------------------------------|--|
| 17 Itoya | いとう家 |
| 2-10-16, Chuo | ☎ 0263-32-3826 |
| 17:30-23:00 (22:00 L/O) | Closed: the 1st&3rd Sun & Mon of the month |
| Local basashi - horse sashimi (raw) | ¥980 |
| Fried nagaimo (long yam) | ¥580 |
| Horse stew ¥400 | |
| Sake, Shochu, Draft beer, etc. | |
| Otoshi | ¥500 |



This is a traditional kura-style building. The bar boasts dishes using seasonal fish, sanzokuyaki, and Azumino free range pork.



Izakaya

| | |
|--|--------------------------------|
| 18 BUN | ぶん |
| 2-10-15, Chuo | ☎ 0263-35-9897 |
| 11:30-14:30 | Closed: Sun & Lunchtime on Mon |
| 18:00-24:00 (L/O) | |
| Jingisu ton (Genghis Khan style, grilled pork) | ¥690 |
| Chicken sanzokuyaki | ¥680 |
| Pork sanzokuyaki | ¥680 |
| Basashi - horse sashimi (raw) | ¥1,000 |
| Okonomiyaki style omelet (Japanese savory pizza/pancake) | ¥450 |
| Draft beer (400ml) | ¥470 |



Started 24 years ago by us, two sisters, we wish to welcome our customers with a smile as we cook with all our heart fresh fish and dishes for you. We hope to see each customer leave our restaurant with a smile on their face.

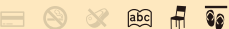


Japanese

| | |
|--|--|
| 21 Akari | お肴やさん 愛佳里 |
| 2-10-10, Chuo | ☎ 0263-36-1756 |
| 17:30-23:00 | Closed: Sun, nat hols, 2nd Sat of each month |
| Sashimi | ¥650~ |
| Fried tofu | ¥500 |
| Stewed giblets | ¥500 |
| Fish fried with butter | ¥400 |
| Nikujaga (meat and vegetables stewed in sweetened soy sauce) | ¥500 |



This relaxed restaurant is run by a mother daughter team, using seasonal ingredients in a home-cooked style. The restaurant offers local Matsumoto home-style cooking, and also boasts a range of Japanese mushroom and 'sansai' (mountain vegetable) dishes. Free wi-fi access available.



Izakaya

| | |
|--|-----------------------|
| 27 Ayana | あや菜 |
| 3-2-17, Chuo | ☎ 0263-35-5616 |
| 17:00-24:00 (23:30 L/O) | Closed: Mon |
| Available wknds & nat hols in summer 11:30-15:00 (14:30 L/O) | |
| Salted squid with sliced cucumber (a famous Matsumoto snack food) | ¥530 |
| Chicken giblet sukiyaki (sukiyaki using fresh chicken organ meat) | ¥780 |
| Sanzokuyaki (local style fried chicken) | ¥1,200 |
| Seasonal dishes spring: mountain vegetables fall: Japanese mushrooms | ¥480~1,200 |
| Rolled egg omelet (seasoned mildly with fish stock) | ¥780 |
| Draft beer (345ml) | ¥540 |
| Otoshi (dish changes daily.) | Around ¥400 |



Enjoy seasonal dishes and sake in a relaxed atmosphere.



Japanese (formal)

| | |
|---|---|
| 28 Yoshikawa | よしかわ |
| 3-5-2, Chuo | ☎ 0263-33-6070 |
| 17:00-23:00 (22:30 L/O) | Closed: Mon & the 3rd Sun of each month |
| Sesame tofu using milk | ¥700 |
| Mini Japanese course (pre arrangement required) | ¥3,500 |
| Japanese course | ¥5,500~ |
| Draft beer | ¥550 |
| Sake | ¥600~ |
| Otoshi (with food) | ¥400 |



Get truly lost in time in our restored Meiji era kura restaurant. As you surround them simmering over hot coals, enjoy our chicken hot pot, and other specialties along with seasonal vegetables delivered from local farmers.

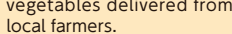


Spend a relaxing time in our restaurant, featuring local Matsumoto Folk Furniture. Enjoy a chestnut rice meal or a cuppa, while you take in the Japanese moss garden, with its pond, where Japanese rice fish (*medaka*) swim. As souvenirs, we recommend steamed chestnut rice along with other chestnut treats.



Japanese

| | |
|--|-----------------------|
| 32 Tokishirazu | 時しらず |
| 3-4-20, Chuo | ☎ 0263-36-7559 |
| Fri-Mon from Apr to Oct 11:30-14:30 (14:00 L/O) | Closed: Wed |
| 17:30-24:00 (22:00 L/O) | |
| Chicken hot pot course | ¥3,800~ per customer |
| Tori (chicken) sukiyaki course | ¥3,800~ per customer |
| Char-grilled chicken thighs with seasonal vegetables | ¥1,500 |
| "Gift of the fields" | ¥1,500~ |
| We offer a variety of local Nagano wines and sake | |



Japanese Café

| | |
|---|----------------------------|
| 33 Chikufudo | 竹風堂 |
| 3-4-20, Chuo | ☎ 0263-36-1102 |
| Shop 9:00-19:00 (winter 18:00) | Closed: |
| Dining 10:00-19:00 (winter 18:00) L/O 30 mins before closing | Weds of Jan, Feb & Jan 1st |
| Yamaga set (chestnut rice, simmered mountain veggies, marinated rainbow trout, apple wine and more) | ¥1,522 |
| Yamazato set (chestnut rice, simmered mountain veggies and more) | ¥1,050 |
| Mugitoro-zen (rice with barley and ground yam) | ¥1,155 |
| Anmitsu (dessert based on chestnut syrup and paste) | ¥550 |
| Kurian-shiruko (sweet red bean soup, but here exclusively using chestnut paste) | ¥550 |
| Fine ground green tea with chestnut yokan (thick jellied dessert) | ¥600 |



The restaurant was founded in 1933. Along with pork and beef steaks, dishes are served using vegetables grown on our own organic farm while seasonally available.



Western restaurant

| | |
|--------------------------------------|-----------------------|
| 5 SINCE 1933 OKINADO | おきな堂 |
| 2-4-10, Chuo | ☎ 0263-32-0975 |
| Weekdays & Sat 9:00-21:30 | Open |
| Sun & nat hols 9:00-18:00 | Year-round |
| Pork steak | ¥1,500 |
| Beef steak | ¥2,500 |
| Chicken cutlet curry | ¥700 |
| Seasonal vegetable fritter | ¥500~ |
| Heartland Beer | ¥500 |
| Homemade caramel custard with coffee | ¥600 |



Make yourself at home as you dine in a relaxed and cozy atmosphere. Refresh your heart and mind as you enjoy local delicacies and seasonal dishes.



Enjoy their "Royal Sweet Vanilla", the best soft serve ice cream in Japan, along with pancakes and juice using locally grown fruits.



This cafe is located alongside the Kurassic-kan, a landmark of Nakamachi Street. It is housed within a Kura building, built around 100 years ago. Enjoy fresh ground coffee, Japanese deserts, and tea, while gazing upon the Japanese garden in a tranquil environment. Free wi-fi access available.



Western restaurant (Italian)

| | |
|---|--|
| 35 quatre.gats | クアトロ・ガッツ |
| 3-4-16, Chuo | ☎ 0263-36-4330 |
| 11:30-15:00 (14:30 L/O) | Closed: Tues (but may still open during the busy season, so do check with us in advance) |
| 18:00-23:00 (22:00 L/O) | |
| Kirin Heartland Beer M-size (400ml) | ¥630 |
| Homemade cider | ¥580 |
| Shinshu roast pork lunch (with salad, soup, bread, and dessert) | ¥1,680 |
| Manager's recommendation | ¥3,150 |
| Roast chicken salad with shimeji mushrooms | ¥840 |
| Venison steak with wasabi sauce (winter only) | ¥1,600 |
| Penne Gorgonzola | ¥1,500 |

Café

| | |
|---|-----------------------|
| 12 Nakamachi café SenRi | 茜里 |
| 2-9-11, Chuo | ☎ 0263-33-5868 |
| 11:00-around sunset (summer from 10:00) | Closed: Wed |
| Royal Sweet Vanilla soft serve | ¥380 |
| Royal Sweet Vanilla pancake | ¥680 |
| Brown sugar crepe | ¥480 |
| Coffee | ¥350 |
| 100% Shinshu grape juice | ¥420 |
| 100% Shinshu apple juice | ¥420 |



Café

| | |
|--|--------------------------|
| 20 Kurassic-kan | 蔵シツク館 |
| 2-9-15, Chuo | ☎ 0263-87-7723 |
| 10:00-17:00 (16:30 L/O) From Nov to Mar: 10:30-16:00 (15:30 L/O) | Closed: Dec 29th-Jan 3rd |
| Japanese tea (served with a Japanese desert) | ¥500 |
| Fresh ground coffee | ¥350 |
| Japanese desert from Okinado | ¥100~200 |
| Cakes from Miyukido | ¥300 |
| Buttered toast | ¥200 |
| Fresh apple juice | ¥350 |



Bar

8

Cantina WAN

カンティーナわん

2F, 2-9-11, Chuo

0263-37-1188

20:00-3:00(next day)

Closed: Sun

This bar specializes in rum, boasting around 250 kinds of rum. Its JBL speakers will be appreciated by avid Jazz lovers as they provide music and as you drink at this bar that will appeal to mature tastes.
You will know our shop when you see the stairs which will remind you of climbing the stairs of Matsumoto Castle.

Rums from around the world.

¥700~

Beer

¥650

Glasses of wine

¥700~

Mixed nuts

¥650

Selection of dry fruit

¥850

Nagano camembert cheese

¥1,000

Cover charge

¥700

Misc. (Hawaiian)

1

Hawaiian Dining Hula-La

Masuda Bldg. 1F,
2-5-13, Chuo

0263-50-7677

11:30-22:00 (21:00 L/O)

Open Year-round

Garlic shrimp platter lunch (with drink)

¥950

Hamburger lunch (with drink and side menu)

¥800~

Pancakes

¥350~

Kona beer (3 varieties)

¥780

Loco moco

¥850~

We have awesome hamburgers which will even leave an American blown away!
You will regret it if you don't try them...!

Misc. (rice cake)

22

Gonta

2-10-10, Chuo

0263-32-2323

ごんた

9:30-16:00

Open: Sat, Sun & nat hols

Mitarashi dango

¥90

Goheimochi

¥250

Potapota mochi (rice cake)

¥150

This shop sells mitarashi dango (balls of rice cake on a skewer glazed with sweet soy sauce) and goheimochi (grilled rice cake on a skewer). These are all freshly made on site, so customers can enjoy them while they are still warm.

Nakamachi is located in the central part of Matsumoto, a castle town with over 400 years of history. It was a town on an old Edo Period route connecting Zenkoji Temple to Nagoya and Kyoto. Since old times, Nakamachi was a prosperous merchants' town, in which resided a collection of many wholesale stores (mainly sake brewers and kimono merchants).
However, when there were big fires in Matsumoto in the late Edo period and Meiji period, many facilities and houses were burnt down, and as a result, many fire resistant kura-style (earthen walled) buildings were built, in order to protect the buildings and commercial products from fires.

(Circa 1900)

These kura-style buildings are decorated in a unique style, and even today, many such buildings in their simple black-and-white design remain around Nakamachi area. Currently Nakamachi has a variety of shops including folk art shops, craft shops and restaurants. "Nakamachi, the kura town", is enjoyed by both locals and travelers as they absorb its quaint atmosphere.
Also, there are some buildings, which can be visited at no charge, such as Kurassic-kan, which was once a sake brewery building, that was then restored and shifted to its current location. Also the Scale Museum is housed in a building which was once a scale shop.
Enjoy your time in "Nakamachi, the kura town, which is old but ever new".

◆ Soba noodles ◆ Japanese/Izakaya ◆ Western style restaurant ◆ Café ◆ Bar ◆ Misc.

♀ Bus stop Ⓟ Parking

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Hawaiian Dining Hula-La

2

Yukiyoshi

3

Xielan

4

KURIYA

5

SINCE 1933 OKINADO

6

Miyukido

7

Curry Restaurant Delhi

8

Cantina WAN

9

Kirakuya

10

Nomugi

11

Sakura Saku

12

Nakamachi café SenRi

13

Kuromon

14

Bunchan

15

ZEKKOCHO

16

Fukiyose

17

Itoya

18

BUN

19

Matsushita

20

Café Kurassic-kan

21

Akari

22

Gonta

23

Kura-no-hana

24

Hermitage

25

Say (Soan annex)

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Fujibikura

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Ayana

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Yoshikawa

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MARUMO

30

Okura

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BAR SIDECAR

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Tokishirazu

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Chikufudo

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Metoba Soba

35

quatre,gats

36

HITSUKI macrobiotic

Otoshi 1

A small entree like side dish served to all customers at pubs/bars before ordered items are served. It is most often charged for and it functions as a kind of, door or cover charge. This common Japanese practice can create trouble between pubs/bars and foreigners, who don't understand why they have been charged for what they haven't specifically ordered. Do try these dishes, traditionally served in recognition of the door or cover charge. However, do note, that though they may not appeal to the tastes of all, even if declined, the charge will still be required as a part of Japanese pub culture, where they don't require tipping. Pubs/bars in this guide have specially provided you information as to whether or not they use the otoshi system.

1

Soba 2

Buckwheat noodles, famous in Nagano. It can be served as hot noodles, with trimmings such as tempura, or mountain vegetables or when served chilled on a basket platter it is called Zaru Soba.

2

Sanzokuyaki ('bandit chicken') 3

Local, large & chunky, deep fried chicken

3

Kura 4

A classic Japanese style earth built storehouse

4

Izakaya

A traditional Japanese style bar that serves a variety of food

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Not many restaurants have English speaking staff, but they will try their best to communicate with you. Enjoy communicating with them with simple English and gestures.